

# *Le Soufflé*



The Ultimate Diet  
-Feeding on God's words-



In an effort to know God, for the next four weeks we'll be "eating" words that God spoke as recorded in Scripture.



## *Le Soufflé*

...A diet consisting completely of God's words as spoken from *His* mouth.

The French word "Le Soufflé" translates in English as "breath". In 2 Timothy 3:16 we learn that "all Scripture is God-breathed". How could that be? We know that man, sinful man, physically acted as scribe, going through the motion of penning the words. 2 Peter 1:21 tells us that the people who wrote it "spoke from God as they were carried along by the Holy Spirit." We can't explain how that actually happens or everything surrounding that concept. But as we will learn, by studying God's words, we can trust what He says to be true. The question for me? When God speaks, do I listen?

"Soufflé" has another meaning for many of us. A soufflé (according to Wikipedia) is "a light baked cake made with egg yolks and beaten egg white combined with various other ingredients and served as a savory main dish or sweetened as a dessert." It often accompanies words like chocolate, Grand Marnier, spinach and countless other varieties. Soufflés are light and dense at the same time. They're decadent. They're complex, rich, and filling. They are cooked to perfection....and ingested with delight. They're a treat.

Prolific author and pastor Eugene Peterson beautifully writes in his work, *Eat this Book* :

And then I noticed that the most striking biblical metaphor for reading was St. John eating a book:

I went to the angel and told him to give me the little scroll; and he said to me, "Take it, and eat; it will be bitter to your stomach, but sweet as honey in your mouth." And I took the little scroll from the hand of the angel and ate it; it was sweet as honey in my mouth, but when I had eaten it my stomach was made bitter. (Rev. 10:9-10)

Jeremiah and Ezekiel before him had also eaten books — a good diet, it would seem, for anyone who cares about reading words rightly.

For attention-getting, this is as good as Kafka any day, but as metaphor it is far better. St. John, this endlessly fascinating early-church apostle and pastor and writer, walks up to the angel and says, "Give me the book." The angel hands it over, "Here it is; eat it, eat the book." And John does. He eats the book — not *just* reads it — he got it into his nerve endings, his reflexes, his imagination. The book he ate was Holy Scripture. Assimilated into his worship and prayer, his imagining and writing, the book he ate was metabolized into the book he wrote, the first great poem in the Christian tradition and the concluding book of the Bible, the Revelation.

May we approach God's word as we would a delectable soufflé... with expectancy and pleasure. Satisfaction is eminent. May we "eat" His words in the same way God directed Jeremiah, Ezekiel and the Apostle John so that His words may fill and fuel every inch of our being.

**Four-Week Overview:**

These next four weeks will offer a new kind of sustenance. Rather than looking at Scripture for the do's and don'ts of life, let's look at Scripture to find God's words... literally. Many New Testament translations kindly highlight Christ's words in red letters. In the same way, we'll hunt out God's words and highlight them ourselves, not in red but with whatever color you choose.

So, step 1. Choose your highlighter.

Make sure to choose a color slightly different from one that you might normally use to mark your Bible. For me... I headed to our local office supply and found a nice light blue whose ink didn't bleed through the other side. (I bought a couple, knowing full well I'd lose it within days.) Be sure you have your highlighter handy whenever you're reading the Bible so you can mark any (and only) direct quotes from God.

Who knows where this exercise might lead us. No matter the direction, it will plant our feet firmly in His word. As we dine with Him every day, may we grow in our knowledge of Him so that like the prophet Isaiah (who was a faithful scribe documenting countless chapters of God's words) we can say,

"The Sovereign Lord has given me an instructed tongue to know the word that sustains the weary. He wakened me morning by morning, wakens my ear to listen like one being taught. The Sovereign Lord has opened my ears and I have not been rebellious..." (Isaiah 50:4-5)

Step 2: Start eating.

Not hungry?

I get that. Many of us haven't eaten from God's word in years. Some of us eat, but not regularly. Some of us have tasted it, but didn't really find it filling... or delicious. For some reason we found it heavy and indigestion-laden.

If possible, park the baggage outside your front door and begin fresh. Forget about predispositions. Forget about the food you think you like or don't like. Approach this task with completely fresh eyes – something that might be hard to do. Especially when reading passages that are familiar to everyone, whether you believe in God or

not. For the purpose of this task, we'll act as if the words are being picked fresh from the vine each day we read.

By looking at God's words, reading Scripture to see what God himself has to say, we're going organic. Forget the man-made additives, the food coloring, the religious refining. There's no pre-packaging or flash freezing. This meal is about eating His word raw. We don't need to cook it. We don't even need to wash it before we eat it. No. Let's let God do that. Let's let Him provide the nourishment in exactly His perfect portions.

This diet could last weeks/months/years ... and then some. *Le Soufflé* is like a tasty appetizer that will hopefully wet your appetite for more. It will start with "In the Beginning" (Genesis) then move to Job and Jeremiah. We'll grab a little more in Genesis, check out a Psalm or two, then head to the Gospels, where (believe it or not) God spoke audibly about Himself, in front of Himself for others to hear, even though only a few understood. (Hmmm... that's an interesting attribute of God's words. They are always heard, but not always understood.)

### **How do I start?**

Like the El Corazon Cleanse, begin by making a commitment. You don't have to bite off more than you can chew. Simply commit to spending time with God each day for the next four weeks. It could be 5 or 50 minutes. Don't stress or worry about it. Take the Nike approach and JDI ... Just Do It.

Then, grab a buddy. Not to sit with you and go through Scripture or prayer with you, but to give you some firm accountability. Communicate with them each day using any of the amazing technological tools at your fingertips. You could talk by phone on a day you want to share and get feedback. You could just email or text to let them know that you held up your end of the bargain. You might even enjoy emailing and sharing with your buddy what God has been teaching you. This would be what people call "journaling". When you email it, you have it for yourself too – What a bonus!!

If daily accountability isn't your thing, at least touch base once a week. Maybe have coffee with a friend or at the very minimum, send an email to share what you've been learning. This isn't meant to load on the guilt if you've gotten behind. Being accountable to someone is just one way to keep us on track. But, at the very least, be accountable to yourself by documenting your time with the Lord. Write down everything He's teaching you, when He's teaching it. Don't wait. We all forget if we don't make note the minute we learn it.

Next, set a time to open God's Word. You may not be a morning person, but for this exercise ... become one! Commit to getting up 15 minutes earlier than you normally would (15 minutes!!). Find a quiet spot and ask God to prepare your heart and mind

for time with Him. Are you moaning or groaning at the thought of lugging your head off the pillow a few minutes earlier than normal?? This cleanse will be good for you.

If you're the type of creative person that is inspired by crafty tools – head on over to Office Depot and get yourself some note cards and rings (assuming, of course that you already have a hole punch), or a small three ring binder and paper to go in it, anything you can personalize and make cute. Tools like these are great to house verses that might have impacted you, or to journal what God has taught you – or maybe come to clean with what you've learned about yourself.

Remember, God says (yes these are His words), "Call to me and I will answer you and tell you great and unsearchable things." Jeremiah 33:3

(By the way, He always (ALWAYS) does what He says he's going to do.)

The days outlined each week will have a chapter of Scripture for you to read. It's a good idea to keep an account of what God is showing you, so journal in the space provided. Research has shown that the more senses you use in learning, the longer you will retain the information. So even a phone call to your accountability party might be a good idea at some point. Reading (eyes), speaking (mouth/maybe taste ☺), hearing your friends response and the words out of your own mouth (ears), writing/journaling (touch) ... I'm not sure if we could get to a smell function, but 4 out of 5 isn't too shabby.

**Every day:**

- Begin with PRAYER. Each day, have your Bible, pen and some type of journal. Begin any time in God's word with prayer, "Lord, open my eyes that I might see what you have to show me in your Word." (Psalm 119:18)
- Ask contextual questions... the who, what, when, where, why.
- Read and re-read the passage being studied. Mark any ideas that are repeated, character traits exhibited, anything that sticks out to you.
- Commit to take action (I will...). What are you going to do with what you've learned?
- End your day with prayer. It is a good idea to begin *and end* your day with prayer. Even better to bookend your day with not only prayer, but also time in God's Word. At the very least, try to make sure you take time to recall the passage studied earlier and to pause long enough to think through your day in respect to God. Anchoring a day in God puts everything in perspective.

As the El Corazon Cleanse encouraged, stick to you guns. Stay the course. The hardest part will be the beginning week. So take it one day at a time. If you snooze



your clock, find some other times during the day... alone. The day isn't over until your head hits the pillow and your eyes are shut.



Below is a spot for your signature. (Only sign if you're committed to the diet.) There is also a spot for your accountability partner to sign. Feel free to sign for them, but you must get their permission.

Have fun, and get ready to understand why this book, the Bible, is living and new every morning.

## *Le Soufflé*

The Ultimate Diet  
-Feeding on God's words-

I commit my next four weeks to completing Le Soufflé.

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Name

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Date

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Date



## *Le Soufflé – “In the beginning...”*

In Genesis 1 we are introduced to the Creator. The words from His mouth pack quite a punch. A power that the earth knows intimately, yet that we sometimes overlook. Take this week to spend time ingesting His words so that you might grow in knowledge of Who your Creator is.

**Begin any time you open God’s Word with a simple prayer,**

**“Lord, open my eyes and ears to your Word today so that I might be used to bring glory and honor to your name.”**

**In Luke 24:45, before telling the disciples the essence of Scripture, we are told that “he opened their minds so they could understand the Scriptures...” Let’s pray that he does the same for us every day.**

*The questions provided each day are meant only to serve as a guide. Try not to get overwhelmed if you find that it’s too much information. The key and goal is to get us “eating” - to be fed by God’s words. Feel free to add you own questions/insights, to take small bites, to linger and enjoy portions of the meal without feeling rushed. This exercise is for you. It is a meal served specifically and only for your nutrition. So try not to check off a To-Do list by answering each day’s prompt questions. The questions are not the meal. Use the questions like you would a menu – simply to direct you... to spur your thinking about the food your eating.*

*As you sift through the morsels, make note of specific verses that hold special meaning or conviction. At the end of each week, we’ll share the passages that have especially touched us – maybe even commit to memorizing one or two in an effort to further digest God’s word.*

**Day 1:** Read Genesis 1.

First, get over the familiarity of the story and read it to find God’s words. Highlight in blue (or whatever color you chose) the words spoken by God. Be careful to highlight only the words within quotations marks. Consider God’s quoted words. What do you learn about God through them? What do you

learn about the power of His spoken word? What does God reveal about Himself? How do His words transcend time and affect you today?

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Spend time in prayer – asking God to make His Word come alive to you.

**Day 2:** Read Genesis 2.

Consider God's quoted words. What do you learn about God through them? What do you learn about boundaries? Why are they in place? What do you learn about God's knowledge of and provision for our needs? What have you learned about God in Chapters 1 & 2? What can we learn about ourselves?

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Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? What do you learn about man in this chapter? What can we learn about boundaries and consequences? What do you learn about God's character? An interesting plural enters the picture in v22. What does that teach us about God? ...especially as it relates to John 1 (which you might enjoy reading).

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Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? Why the question in v. 10? (repeated from yesterday's Genesis 3:13). What do you learn about God in this chapter? What do you learn about sin? Can you relate in any way to Cain in any way? Read 1 Samuel 16:7. How might this verse shed light on God's reaction to Cain? How does that impact us?

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Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? His justice? His provision? His emotion? His faithfulness? What do you learn about man? What does God hold in high esteem? How can you relate or how does this affect you?

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Spend time in prayer – asking God to make His Word come alive to you.

**Day 6:** Read Genesis 7.

Consider God's quoted words. What do you learn about God through them? What do you learn about His power, provision, justice, omnipotence? What do you learn about obedience in this as well as the last chapter? What do you learn about yourself?

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Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? What do you learn about God in verse 1 and 21 and in the story itself? What has had the most impact on you this week? In what ways have His words affected you? What have you learned about yourself?

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Perspective: What did you learn about God in just one week. Reflect on character traits revealed by these seven chapters from His story. Have we even begun to grasp...

The multi-dimensional character traits of God?

His power?

His knowledge?

His emotion?

His justice?

His provision?

His love?

His commitment?

His perfection?

His \_\_\_\_\_ (you fill in the blank... and keep going.)

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I don't know about you, but until I considered this exercise, I had never realized that in these first few chapters of Genesis, God reveals the core of His story – even the redemption piece. If you have some extra time this week, it would really be worth digging deeper into the character traits listed (and that you filled in) above. Consider where and how He revealed these to you and the potential impact they have in your life.

You just might find it similar to drinking from a fire hydrant.

Did you miss a day? No worries. You can pick it up next week. Don't let the exercise or repetition of some questions trip you up. The first questions on almost every day will be the same: "Consider God's quoted words. What do you learn about God through them?" This diet is meant to focus our attention not only on the fact that God himself is quoted much more often than we probably realized, but also on what He reveals through those words.

Make note of one or two verses that had significant impact or resonated with you. Write it/them here and consider committing at least one to memory over the next week as we turn to Job and learn even more when God speaks.

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GREAT job on Week 1. Keep it up!



## *Le Soufflé – Week 2: God speaks from the storm*

This week, we'll turn to the book of Job see and hear God speak.

When starting a new book in the Bible, it's often helpful to ask the five "W" contextual questions (who, what, when, where & why). There are lots of resources that can help us answer some of the questions. One of which is Dr. Constable's *Sonic Light Study Notes*. Let's check it out for a little historical context.

### **DATE**

*Concerning the time the events recorded took place, there have been many views ranging from the patriarchal age of Abraham, Isaac and Jacob (beginning about 2100 B.C.) to the second century B.C. Internal evidence suggests that Job lived in the patriarchal period. The length of his life (he lived 140 years after his trials ended, 42:16) is similar to that of Terah (205 years), Abraham (175 years), Isaac (180 years), and Jacob (147 years).*

### **PURPOSE**

*God inspired this book to reveal answers to questions that arise from God's nature and His ways with human beings. Specifically, what is the basis on which God deals with people? Elsewhere in the Old Testament we find God typically repaying good with good and evil with evil, but that is not how He dealt with Job.*

### **GENRE**

*Job is primarily a combination of at least three literary types: lawsuit,<sup>8</sup> lament,<sup>9</sup> and controversy dialogue.<sup>10</sup> The larger category that includes all three is wisdom literature...*

*There are so many different types of literature in this book that many writers despair of assigning one type as the dominant one.*

If you'd like to read more about this fascinating book or other books in the Bible, check out [www.soniclight.com](http://www.soniclight.com).

But for our purposes, let's ask the Lord to open our eyes and ears as we look at a rather compelling dialogue. It begins, strangely enough, in heaven.

**Day 8:** Read Job 1.

Consider God's quoted words. What do you learn about God through them?  
What do you learn about the relationship between God & Satan? God &

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Read Job 2.

Consider God's quoted words. What do you learn about God through them? What do you learn about God's authority? Why do you think God allowed Satan to tempt Job? What promise are we given in 1 Corinthians 10:13? Why do you think God asks the question in verse 2? Has he asked questions like this before? (see Job 1, Genesis 4, Genesis 18...) Why? What do you learn

Consider God's quoted words. What do you learn about God through them? What do you learn about God's authority? Why do you think God allowed Satan to tempt Job? What promise are we given in 1 Corinthians 10:13? Why do you think God asks the question in verse 2? Has he asked questions like this before? (see Job 1, Genesis 4, Genesis 18...) Why? What do you learn



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Where/how does God answer Job? For whom is the question in verse 2

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What do you learn about God through the questions in this chapter? What do you learn about his relationship to nature?... with animals, for how large to how small? What do you learn about His power, His provision, His creation?

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Read Job 40.  
What do you learn about God through the questions in this chapter? How does God react to our questioning and reasoning about Him (especially in

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Read Job 41.

Consider God's quoted words. What do you learn about God through them? What do you learn about God's authority? What do you learn about God's knowledge of creation in this chapter? Is there any area of life outside of his control? Do you have any leviathans in your life? After reading these last three chapters, is there anything that has changed in the way you might approach God?

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Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? What do you learn about God's authority? What do you learn about man? How does Job react to God's revelation about himself? What do you learn about God through his reaction to Job's friends? What can we learn about ourselves and our relationship with God?

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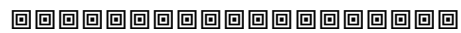
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Spend time in prayer – asking God to make His Word come alive to you.



Make note of God's attributes you've learned about this week:  
 (Come on... try your hardest to fill in as many blanks as possible.... add some!  
 You'll be happy you did.)

God is Creator  
 He sees and knows everything  
 His Word is strong

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How many times in life do we catch ourselves trying to explain our actions, our decisions, our thoughts, consequences, .... (and so much more) as they relate to God. We can't help but try to fit Him into our box of logic and limited knowledge. How often do we stop and look solely to God for insight, explanation and comfort?

Take a moment at the end of this week to consider what you've learned about God through his poetic and magnificent revelation of Himself as He described His creation. What kind of perspective does this consideration give you?

Have your thoughts about the Almighty, Most Holy God been transformed at all through this little exercise of listening to His words? ... Whatever your answer might be, you can rest assured that He will reveal Himself as we make the effort to know Him.

The book of Job might be a fun place to return after you have spent time investigating God's spoken words. We all have lots to learn from Job and his friends and their efforts to understand the travesties that invaded Job's life. But for now, let's keep digging away as we search for more revelations.

Make note of one or two verses that had significant impact or resonated with you. Write it/them here and consider committing at least one to memory over the next week as we turn to the patriarchs & prophets and learn even more when God speaks.

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You've been doing an outstanding job! Can you believe that for the last 14 days you've been listening to God speaking about Himself? Looking beyond the narrative to the actual spoken word?!

It's probably getting a bit harder to keep up every day. With the excitement and newness possibly wearing off, try to keep seeking every day. If you miss one or two, no worries. Just pick it up the next day, searching for and finding God's message for you.

Let's keep going. Who knows what might be waiting for us right around the corner?!



## *Le Soufflé – Week 3: Prophets & Patriarchs*

Getting out to the car the other day, I noticed a pair of birds had built a nest. Perching it somewhere high in the branches of our very large oak tree, they had hidden their treasure. Though out of sight, the sound of chicks chirping greeted us every time we opened the front door or got out of the car. I found the constant sound delightful. My “sleep deprived” teen found it an extreme bother considering the nest was somewhere close to his and his brother’s window.

Every time we walked outside and could hear the babies chirping ... non-stop chirping ... letting the mom know the stomach is empty and ready to be filled, my kids and I (eyes upward) walked around the tree, stood under it, stared and peered, hoping to find the nest and get a glimpse of the little chicks. We’ve had no such luck. No matter how hard we all tried, the nest remained hidden from view – at least from our view. The parents knew exactly where their babies were perched. They knew where to find them, when and how to feed them the perfect nutrition for their growing bodies; and they knew exactly how to protect them.

As I’ve pondered those birds, I can’t help but draw similar correlations between the parents of those birds and my Lord who does the same for me. He feeds, clothes, shelters, loves, protects and so much more. But am I like those chicks? Non-stop chirping for my heavenly parent to supply my spiritual nutrition? Waiting expectantly for him to feed and fill my stomach?

He, himself, tells me throughout Scripture that He provides perfectly sufficient food and clothing. But do I go to him, mouth open wide, eager for sustenance ... or am I rummaging around the hard ground trying to fill my own needs as I understand them to be.

Hopefully we’ve all learned through this very short and incomplete exercise that our Creator knows us and our need so much better than we do. As we venture into the words recorded by God’s scribes we will get to see that not only does God know everything that is happening, he knows all events – past, present and future. In fact, he alone allows them. Pretty powerful. Worth considering.

May he open our eyes to his grandeur. May we learn about him, from him. And through that knowledge, might we somehow bring glory to his name as we live our lives.



## Moses

**Day 15:** Read Exodus 3

Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? When and how did God meet Moses? What was Moses' reaction? How does God equip Moses for the outlined purpose? What do you learn about God's power? Knowledge? Compassion? (Does God do exactly what he says he's going to do? Skip ahead to Exodus 12:36 and check it out.)

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Spend time in prayer – asking God to make His Word come alive to you.

**Day 16:** Read Exodus 4

Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? How does God handle Moses', the Israelites', our disbelief? In what tangible ways does God reveal his power to Moses & to us? Why? How many times does Moses express reluctance in

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Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? What do you learn about Moses' relationship with God? What aspects of their relationship would you like to have? How might you grow those areas? Have you asked God to show you his glory? Spend extra time considering verses 19-23, asking God to reveal himself in new and meaningful ways.

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Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? How does God describe himself? What was Moses' reaction? How might God's admonition regarding treaties be relevant today? What can we learn from the covenant described in this chapter? How might these restrictions relate to our redemption through Christ. What do these restrictions reveal about God's plan for us? What can you learn about spending time with God from verse 29? Take a little extra time and turn to 2 Corinthians 3. How does our relationship with God differ from Moses'?

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Spend time in prayer – asking God to make His Word come alive to you.

### Day 19: Read Judges 6

(Feel free to read Judges 7 for another taste of God's unparalleled and unconventional power. Remember to highlight his words.)

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Spend time in prayer – asking God to make His Word come alive to you.

**Day 20: Read Jeremiah 1**

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Spend time in prayer – asking God to make His Word come alive to you.

### **Elijah**

**Day 21:** Read 1 Kings 19

Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? Do the questions God asks Elijah sound familiar? Why do you think he asks those? What do you learn about God's provision? His omniscience? His power? His presence? How does God reveal himself to Elijah? How does he reveal himself to you? Have you made yourself available so He might?

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Spend time in prayer – asking God to make His Word come alive to you.



You’ve made it through week three. Great job! Keep it up. There’s so much more to digest.

Isn’t it amazing to be reading the Bible just to find the words God spoke? It’s so easy to read through passages and either forget or never notice that the Lord of the Universe, the Creator, the one who breathed life into man is the one behind the words. He certainly puts into perspective his unwavering truth that undergirds every single event that takes place on this earth.

As we skip around, tasting what he has to say, let’s not forget to make ourselves available to the timeless messages that, on the surface appear to be character specific but below the façade are equally applicable to us.

Make note of one or two verses that had significant impact or resonated with you. Write it/them here and consider committing at least one to memory over the next week as we turn to the patriarchs & prophets and learn even more when God speaks.

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Still hungry? Take some time to munch on Romans 9 and consider it’s relation to Exodus. Wash your hands well with prayer before you dig in. And be sure to chew thoroughly. Like much of Scripture It’s a rich dish.



*Le Soufflé - Week 4: Prophets & Patriarchs cont.*

We're heading back to Genesis then flipping forward to the Psalms and New Testament. There SO much, so many times God speaks in these books throughout Scripture. But for purposes of this exercise, we can't hit it all. So bear with any skipping around and remember to go back and fill in the blanks by reading the rest of the story. Let's just state the obvious – the blanks will never all be filled in our lifetime. The most exciting part of dining on God's word is that we will be able to it for eternity ...and never get full!



## Abraham

**Day 22:** Read Genesis 15

Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? What does verse 1 reveal about God? ... about man? Take time to consider what attributes of God are revealed in this chapter. Why do you think Abraham questioned God in verse 8? In what ways do we do the same thing (whether in word or deed)? How does God respond to Abraham? ... to us?

[illegible]

Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? Is God limited by circumstances? Why do you think God repeats the terms of his covenant? Why do you think God changes Abram's name? How does he do the same for us? Why do you think God required circumcision? What does he reveal about the future in this chapter? How did Abraham react? How do you handle directives?

38

Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? How did Abraham treat the visitors? Can you think of any times we might be able to do the same thing? What do you learn about God's listening ability in this chapter? Might that have an impact on your life and any situations you're dealing with today? How does Sarah react? How does God respond to her reaction? What can we learn? What does the conversation between Abraham and God in verses 16-33 reveal about God? ... about his relationship with man?... about his justice and power?

39

Spend time in prayer – asking God to make His Word come alive to you.

Consider God's quoted words. What do you learn about God through them? What do you learn about yourself? What did Abraham know that compelled him to obey such a seemingly harsh directive? What might God have available for us to learn about himself and Christ in this chapter? How can we apply these things to our lives today (in the area of availability, obedience, etc.)?

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**Jacob**

**Day 26: Read Genesis 28**

Consider God's quoted words. What do you learn about God through them?

What do you learn about yourself? How did God reveal himself to Jacob?

What affect did this revelation have on Jacob's relationship with God? What

might you speculate about Jacob's relationship with God before this

encounter? What is Jacob's reaction? Can you relate to Jacob in any way?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Spend time in prayer – asking God to make His Word come alive to you.

## Psalm

**Day 27:** Read Psalm 2 & Psalm 110

Consider God's quoted words. What do you learn about God through them?

What do you learn about yourself?

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Spend time in prayer – asking God to make His Word come alive to you.

**Day 28:** Read – Luke 3:21-22, Matthew 17: 1-13, John 12:27-23

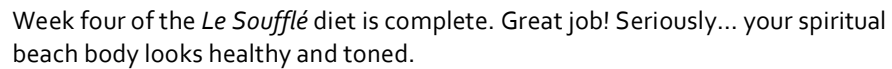
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Spend time in prayer – asking God to make His Word come alive to you.



If you are... then make some room. If you're not... then get ready. These last four weeks have been a small tray of hors d'oeuvres - a Sampler Plate to wet your appetite. Have you realized yet that you are hungry? Maybe starving?! Have you leaned into that hunger and asked God to fill your tank?

43

Who is he?... this Master Chef?

Here are a just a few names he calls himself:

**REDEEMER**

Holy One of Israel

**CREATOR**

Your King

**Lord Almighty**

**SAVIOUR**

**Rock**

*Maker*

JACOB'S KING

The Almighty

Lord Your God

*God of Truth*

**Jealous**

**I AM WHO I AM**

I AM

I am the first and I am the last.  
Apart from me there is no God

SEE NOW THAT I MYSELF M HE!  
THERE IS NO GOD BESIDES ME.  
I PUT TO DEATH AND I BRING TO LIFE,  
I HAVE WOUNDED AND I WILL HEAL,  
AND NO ONE CAN DELIVER OUT OF MY HAND.



May tomorrow be the first of many days you dive into His word on your own (highlighter in hand) and find not only these names, but many more as he beacons you to come and dine with him. Go back to Genesis. Take up where we left off. Fill in the gaps of chapters we skipped.

What was his relationship with Noah like? How did he reveal himself to Isaac? ... to Jacob... to Joseph and so many more? How did he reveal his power? How did he demonstrate his unfathomable love while maintaining his perfect justice? Where do we see the Holy Spirit in his words? Where do we see Jesus? The questions go on and on. He has so much to offer, it's like drinking from a fire hydrant. Yet we don't – can't – drown for he is the One controlling the flow.

Drink and never be thirsty again. Eat and never hunger, for His sustenance is perfect and exactly what your spiritual body longs for.

“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.”

Matthew 7:7

(Oh yeah – those words in red are his, too!)

“If we seek the secrets of the life George Müller lived and the work he did, this is the very key to the whole mystery, and with that key any believer can unlock the doors to a prosperous growth in grace and power in service. God's word is HIS WORD – the expression of His thought, the revealing of His mind and heart. The supreme end of life is to know God and make Him known; and how is this possible so long as we neglect the very means He has chosen for conveying to us that knowledge! Even Christ, the Living Word, is to be found enshrined in the written word. Our knowledge of Christ is dependent upon our acquaintance with the Holy Scriptures, which are the reflection of His character and glory – the firmament across the expanse of which He moves as the Sun of righteousness.” (*George Müller of Bristol: His life of Prayer and Faith* by A.T. Pierson)